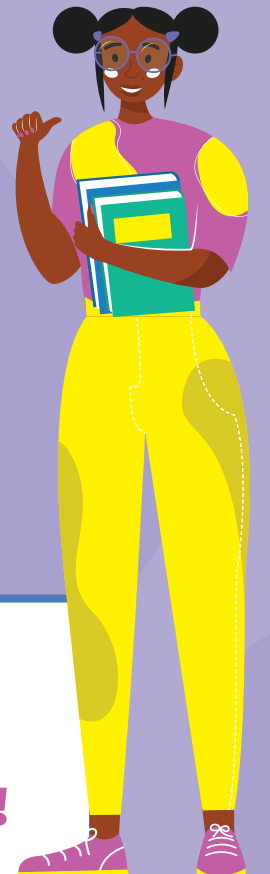


Is your client ready to choose PrEP?



Discuss the benefits, drawbacks, details, and commitment required for each PrEP product. Allow your client to make an informed decision!

Eligible for PrEP

Check PrEP eligibility

NO	Tests HIV negative?	YES
NO	Interested in PrEP?	YES

REMINDER: Check for signs of acute HIV infection (AHI) and screen for recent exposure to HIV - the PrEP ring has a very low chance of causing resistance to ARVs, and is therefore a good option if you are cautious due to the AHI screening/waiting period.

Answer "yes" to both!

Answer "no" to even just one question and your client is NOT eligible for PrEP

- There are many HIV prevention methods that a person can try and use:**
- ♥ Condoms
 - ♥ PEP (AFTER an exposure to HIV)
 - ♥ Treatment for STIs
 - ♥ Medical male circumcision
 - ♥ U=U: ART for partners living with HIV



NOTE: If your client is seeking prevention **AFTER** an HIV exposure: **PEP** should be used and is ideally given within 24 hrs and no later than 72 hours (3 days) **AFTER** possible exposure to HIV, and can be used together with emergency contraception and STI testing.



Oral PrEP

- ♥ One pill a day, every day for as long as needed
- ♥ Needs to be taken for 7 days before maximum efficacy is reached
- ♥ More than 90% effective
- ♥ Prevents HIV from any form of exposure
- ♥ Some side effects, only in first month of use
- ♥ Does not prevent other STIs
- ♥ Does not prevent HIV AFTER an exposure
- ♥ Initiate, return to clinic 1 month later and then only once every 3 months



PrEP Ring

- ♥ Placed in the vagina for 28 days, then replaced*
- ♥ Needs to be in place for 24hrs before maximum efficacy is reached
- ♥ More than 50% effective
- ♥ Prevents HIV only for vaginal sex
- ♥ Very minimal side effects
- ♥ Does not prevent other STIs
- ♥ Does not prevent HIV AFTER an exposure
- ♥ Initiate, return to clinic 1 month later and then only once every 3 months



CAB-LA

- ♥ One injection every 2 months
- ♥ 7-day waiting period before maximum efficacy is reached
- ♥ Most effective PrEP method available
- ♥ Prevents HIV from any form of exposure
- ♥ Some side effects, but these are minimal
- ♥ Does not prevent other STIs
- ♥ Does not prevent HIV AFTER an exposure
- ♥ Initiate, return to clinic 1 month later and then only once every 2 months

♥ **Note for HCP:** Check potential contraindications for any of the above PrEP drug regimen

* HCPs may need to offer additional support to clients. The PrEP ring is still relatively new and a client may need some time to get used to and comfortable with using this method. PrEP ring use does get easier with time! A client who initiates any PrEP method may also need your support with continuation, effective use, and committing to their clinic visit schedule.

Some of these methods can be used while a person is pregnant and/or breastfeeding. Check your country's guidelines for the correct information.

PrEP IS CHOICE
#ICHOOSEME

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