

Choose PrEP

Do you sometimes have sex?



Are you using condoms every time you have sex?

Would you like to have the peace of mind and not worry about HIV?

Do you ever inject drugs and/or share needles when doing so?

Did you say "no" because you don't want anyone to know you're having sex?

Did you say "no" because you want to keep your private life... private?

Keep it up!
You may still want to consider adding PrEP to your self care routine.



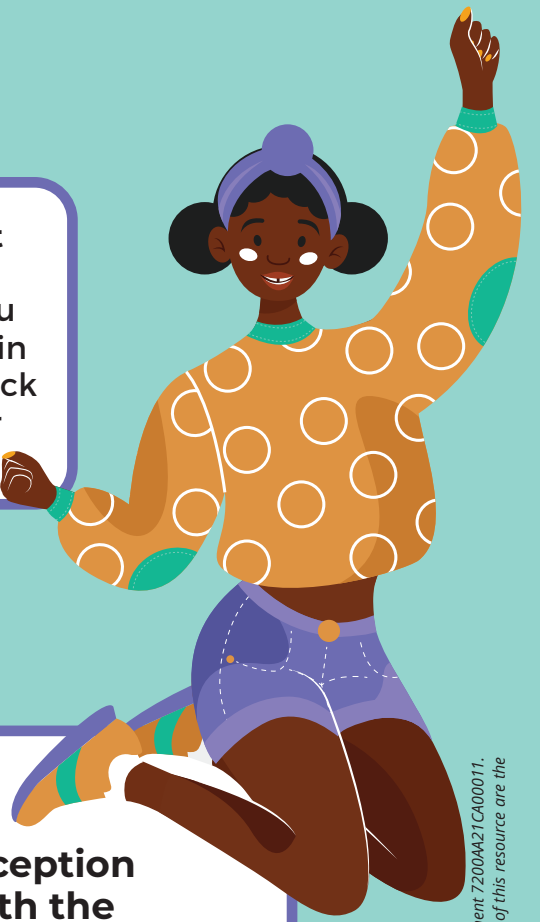
Are you ok with getting an injection every 2 months, in your bum cheek?

Can you take a pill every day, no forgetting!

Health Tip:

It's a good idea to find your nearest needle exchange programme to receive clean needles.

PrEP is a great option for HIV prevention - you might need this in the future, get back to us whenever you're ready.



More Health Tips:

- All PrEP methods can be used together with **contraception (except, the PrEP ring can not be used together with the contraceptive ring.)**
- Visit your clinic for regular **STI** screening, PrEP is safe with other medications, even the ones used to treat other STIs.
- If you are currently **pregnant and/or breastfeeding**, ask your healthcare provider which PrEP methods may work for you.
- **Condoms** prevent STIs and unintended pregnancy AND you should always try to use them together with your preferred PrEP method.

PrEP IS CHOICE
#ICHOOSEME

There are many HIV prevention methods that you can try - ask your healthcare provider for more information!

The **PrEP ring** is a great option for you!

The **PrEP injection** is a great option for you!

Oral PrEP is a great option for you!



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