

# HIV Prevention Ambassador Training – Diverse Version, 2<sup>nd</sup> Edition

## Post-Training Knowledge Check

Thank you for taking the time to complete this questionnaire. This questionnaire will help us understand how useful the training was to you. You completed a questionnaire before the training to find out what you already knew about PrEP and what you would like to find out. The purpose of this questionnaire is to find out if the training helped you to learn more about PrEP.

This is not a test. We will not be grading your answers. We only use this information to help us understand what was useful about the training and what can be improved. You do not need to give your name on this questionnaire.

### Facts and Myths

1. The statements below are about PrEP, but some are myths and some are facts. Please mark the boxes beside all the statements that you think are facts.

- PrEP prevents pregnancy
- CAB PrEP is an injectable PrEP method
- PrEP prevents sexually transmitted infections other than HIV
- If someone is using PrEP, they do not need to use internal or external condoms
- PrEP contains antiretroviral medication
- PrEP can make you infertile
- Daily oral PrEP needs to be taken every day to be effective
- Once you start using oral PrEP, you have to take it for life
- The PrEP ring is inserted into the vagina

### True or False

2. The statements below are about HIV and AIDS, but some are true and some are false. Please circle the word “TRUE” beside the statements you think are true and circle the word “FALSE” beside the statements you think are false.

There is a higher probability of contracting HIV when HIV has to pass through the skin of the vagina and rectum	<b>TRUE</b>	<b>FALSE</b>
When HIV enters the body, it multiplies itself and but does not spread throughout the body	<b>TRUE</b>	<b>FALSE</b>
There is no cure for HIV or AIDS	<b>TRUE</b>	<b>FALSE</b>
Gender inequality, stigma and violence make it more difficult for some people to protect themselves from HIV	<b>TRUE</b>	<b>FALSE</b>
Correcting myths about HIV is part of stopping the spread of HIV	<b>TRUE</b>	<b>FALSE</b>
HIV can be transmitted by touching or kissing	<b>TRUE</b>	<b>FALSE</b>

Participant Number: \_\_\_\_\_

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## Matching

In this section, you will find a list of definitions. Below each definition, write the correct word or phrase from the box below.

**anti-retroviral therapy (ART)**

**gender identity**

**sexual orientation**

**sex assigned at birth**

**compassion fatigue**

**daily oral pre-exposure prophylaxis (PrEP)**

**post-exposure prophylaxis (PEP)**

**cabotegravir long-acting injectable for PrEP (CAB PrEP)**

**PrEP ring**

**gender norms**

3. Taken by people without HIV after exposure to HIV to prevent HIV

\_\_\_\_\_

4. An injection given every 2 months to prevent HIV

\_\_\_\_\_

5. One's sexual attraction to people of another gender or sex, the same gender or sex, or more than one gender or sex

\_\_\_\_\_

6. The classification of people as male, female, or intersex based on their sexual and reproductive organs

\_\_\_\_\_

7. Used as HIV treatment by people living with HIV

\_\_\_\_\_

8. Feeling emotionally and physically exhausted as a result of helping others and being exposed to their pain. These feelings build up over time, and we may not be aware of them until we feel completely overwhelmed

\_\_\_\_\_

9. Socially constructed roles and responsibilities assigned to people based on their sex assigned at birth

\_\_\_\_\_

10. An HIV prevention method that is inserted into the vagina for one month

\_\_\_\_\_

11. Taken by HIV-negative people on a daily basis in case they are exposed to HIV

\_\_\_\_\_

12. One's sense of self as being male, female, nonbinary, transgender, or another gender

\_\_\_\_\_

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## Multiple Choice

For the following question, please select only *one* of the possible responses.

13. Which of the following is *NOT* a human right?
- a) Equal treatment without discrimination
  - b) Right to love and to be loved
  - c) Life and to live in freedom and safety
  - d) Right to due process before the law
14. Which of the below is *NOT* a way to reduce the chances of getting HIV *through sexual transmission*?
- a) Never use a needle that has been used by someone else
  - b) Using PrEP as directed
  - c) Using post-exposure prophylaxis (PEP)
  - d) Using internal or external condoms every time you have sex, including vaginal, anal and oral sex
15. Which of the following statements is *NOT* true about event-driven PrEP?
- a) Works for people assigned male at birth
  - b) The first dose of two pills is taken between two and 24 hours before sex
  - c) The second dose is a single pill taken 12 hours after the first dose
  - d) The third dose is one pill taken 24 hours after the second dose
16. Which of the following steps is NOT used in the LIVES response?
- a) Listen
  - b) Inquire
  - c) Validate
  - d) Encourage
  - e) Support

## Agree/Disagree

Please circle how you feel about the following statements. For example, if you strongly agree with a statement, circle “strongly agree” – but if you are not sure, please circle “not sure”.

17. I feel confident answering questions about PrEP

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

18. It is required to tell your partner if you are using PrEP

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

19. I feel confident talking to people who do not think access to PrEP is a right

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

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20. PrEP is not a good option for pregnant people because it will harm the baby

Strongly disagree                      Disagree                      Not Sure                      Agree                      Strongly Agree

21. It is important to keep a peer's information confidential

Strongly disagree                      Disagree                      Not Sure                      Agree                      Strongly Agree

22. Transgender people have the right to quality health services

Strongly disagree                      Disagree                      Not Sure                      Agree                      Strongly Agree

23. PrEP is only for people who are 'promiscuous'

Strongly disagree                      Disagree                      Not Sure                      Agree                      Strongly Agree

### Ambassador Activities

Please circle the response that best describes if the training has increased your confidence to accomplish the following activities.

#### My confidence increased...

- |  |            |      |       |
|--|------------|------|-------|
| 24. Helping your peers choose a PrEP method that works for them                            | Not at all | Some | A lot |
| 25. Helping a peer decide whether to tell their partner about their PrEP use               | Not at all | Some | A lot |
| 26. Creating an action plan to increase awareness about PrEP in your community             | Not at all | Some | A lot |
| 27. Helping a peer who is struggling to use PrEP correctly                                 | Not at all | Some | A lot |
| 28. Identifying barriers and enablers to PrEP use by diverse populations in your community | Not at all | Some | A lot |
| 29. Managing stress related to your work as an Ambassador                                  | Not at all | Some | A lot |

### Open Answer

30. What is one thing you plan to do with what you learned during this training?

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**This is the end of the survey. Thank you for your time! We hope you enjoyed the training and we wish you luck in your work as Ambassadors!**

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