

# HIV Prevention Ambassador Training – Diverse Version, 2<sup>nd</sup> Edition

## Knowledge Check ANSWER KEY

### Facts and Myths

1. The statements below are about PrEP, but some are myths and some are facts. Please mark the boxes beside all the statements that you think are facts. **(CORRECT ANSWERS IN BOLD BELOW)**

- PrEP prevents pregnancy
- CAB PrEP is an injectable PrEP method**
- PrEP prevents sexually transmitted infections other than HIV
- If someone is using PrEP, they do not need to use internal or external condoms
- PrEP contains antiretroviral medication**
- PrEP can make you infertile
- Daily oral PrEP needs to be taken every day to be effective**
- Once you start using oral PrEP, you have to take it for life
- The PrEP ring is inserted into the vagina**

### True or False

2. The statements below are about HIV and AIDS, but some are true and some are false. Please circle the word “TRUE” beside the statements you think are true and circle the word “FALSE” beside the statements you think are false. **(CORRECT ANSWERS ARE HIGHLIGHTED IN GREY)**

There is a higher probability of contracting HIV when HIV has to pass through the skin of the vagina and rectum	<b>TRUE</b>	<b>FALSE</b>
When HIV enters the body, it multiplies itself but does not spread throughout the body	<b>TRUE</b>	<b>FALSE</b>
There is no cure for HIV or AIDS	<b>TRUE</b>	<b>FALSE</b>
Gender inequality, stigma and violence make it more difficult for some people to protect themselves from HIV	<b>TRUE</b>	<b>FALSE</b>
Correcting myths about HIV is part of stopping the spread of HIV	<b>TRUE</b>	<b>FALSE</b>
HIV can be transmitted by touching or kissing	<b>TRUE</b>	<b>FALSE</b>

## Matching

In this section, you will find a list of definitions. Below each definition, write the correct word or phrase from the box below. (CORRECT ANSWERS IN BOLD BELOW)

<b>anti-retroviral therapy (ART)</b>	<b>daily oral pre-exposure prophylaxis (PrEP)</b>
<b>gender identity</b>	<b>post-exposure prophylaxis (PEP)</b>
<b>sexual orientation</b>	<b>cabotegravir long-acting injectable for PrEP (CAB PrEP)</b>
<b>sex assigned at birth</b>	<b>PrEP ring</b>
<b>compassion fatigue</b>	<b>gender norms</b>

3. Taken by people without HIV after exposure to HIV to prevent HIV

**Post-exposure prophylaxis (PEP)**

4. An injection given every 2 months to prevent HIV

**Cabotegravir long-acting injectable for PrEP (CAB PrEP)**

5. One's sexual attraction to people of another gender or sex, the same gender or sex, or more than one gender or sex

**Sexual orientation**

6. The classification of people as male, female, or intersex based on their sexual and reproductive organs

**Sex assigned at birth**

7. Used as HIV treatment by people living with HIV

**Anti-retroviral therapy (ART)**

8. Feeling emotionally and physically exhausted as a result of helping others and being exposed to their pain. These feelings build up over time, and we may not be aware of them until we feel completely overwhelmed

**Compassion fatigue**

9. Socially constructed roles and responsibilities assigned to people based on their sex assigned at birth

**Gender norm**

10. An HIV prevention method that is inserted into the vagina for one month

**PrEP ring**

11. Taken by HIV-negative people on a daily basis in case they are exposed to HIV

**Oral PrEP**

12. One's sense of self as being male, female, nonbinary, transgender, or another gender

**Gender identity**

## Multiple Choice

For the following question, please select *one* of the possible responses. **(CORRECT RESPONSES IN BOLD BELOW)**

13. Which of the following is *NOT* a human right?
- a) Equal treatment without discrimination
  - b) Right to love and to be loved**
  - c) Life and to live in freedom and safety
  - d) Right to due process before the law
14. Which of the below is *NOT* a way to reduce the chances of getting HIV *through sexual transmission*?
- a) Never use a needle that has been used by someone else**
  - b) Using PrEP as directed
  - c) Using post-exposure prophylaxis (PEP)
  - d) Using internal or external condoms every time you have sex, including vaginal, anal and oral sex
15. Which of the following statements is *NOT* true about event-driven PrEP?
- a) Works for people assigned male at birth
  - b) The first dose of two pills is taken between two and 24 hours before sex
  - c) The second dose is a single pill taken 12 hours after the first dose**
  - d) The third dose is one pill taken 24 hours after the second dose
16. Which of the following steps is NOT used in the LIVES response?
- a) Listen
  - b) Inquire
  - c) Validate
  - d) Encourage**
  - e) Support

## Agree/Disagree

Please circle how you feel about the following statements. For example, if you strongly agree with a statement, circle “strongly agree” – but if you are not sure, please circle “not sure”. **(THERE ARE NO “CORRECT” ANSWERS FOR THE BELOW)**

17. I feel confident answering questions about PrEP

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

18. It is required to tell your partner if you are using PrEP

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

19. I feel confident talking to people who do not think access to PrEP is a right

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

20. PrEP is not a good option for pregnant people because it will harm the baby

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

21. It is important to keep a peer's information confidential

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

22. Transgender people have the right to quality health services

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

23. PrEP is only for people who are 'promiscuous'

Strongly disagree      Disagree      Not Sure      Agree      Strongly Agree

SAMPLE