

Access, adherence, and acute HIV infections: A characterization of seroconversion with PrEP in Eswatini

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Background:

- Eswatini is one of the first countries in Africa to introduce the dapivirine vaginal ring alongside oral tenofovir disoproxil fumarate/lamivudine to provide pre-exposure prophylaxis (PrEP) choice and expand HIV prevention options.
- Monitoring for seroconversion and product continuation in PrEP programs is crucial to inform ongoing scale-up.
- With support from the PEPFAR/USAID-funded MOSAIC project, we evaluated product interruption and self-reported product use in individuals who acquired HIV while using PrEP in Eswatini.

Methods:

- HIV Drug Resistance Assessment Study (May 2023 – Jan 2024)
- Eligibility criteria: current or recent PrEP user (PrEP use in the last three months); diagnosed with HIV as per national algorithm using sequential third-generation rapid tests
- Descriptive analyses of demographic data, self-reported PrEP use

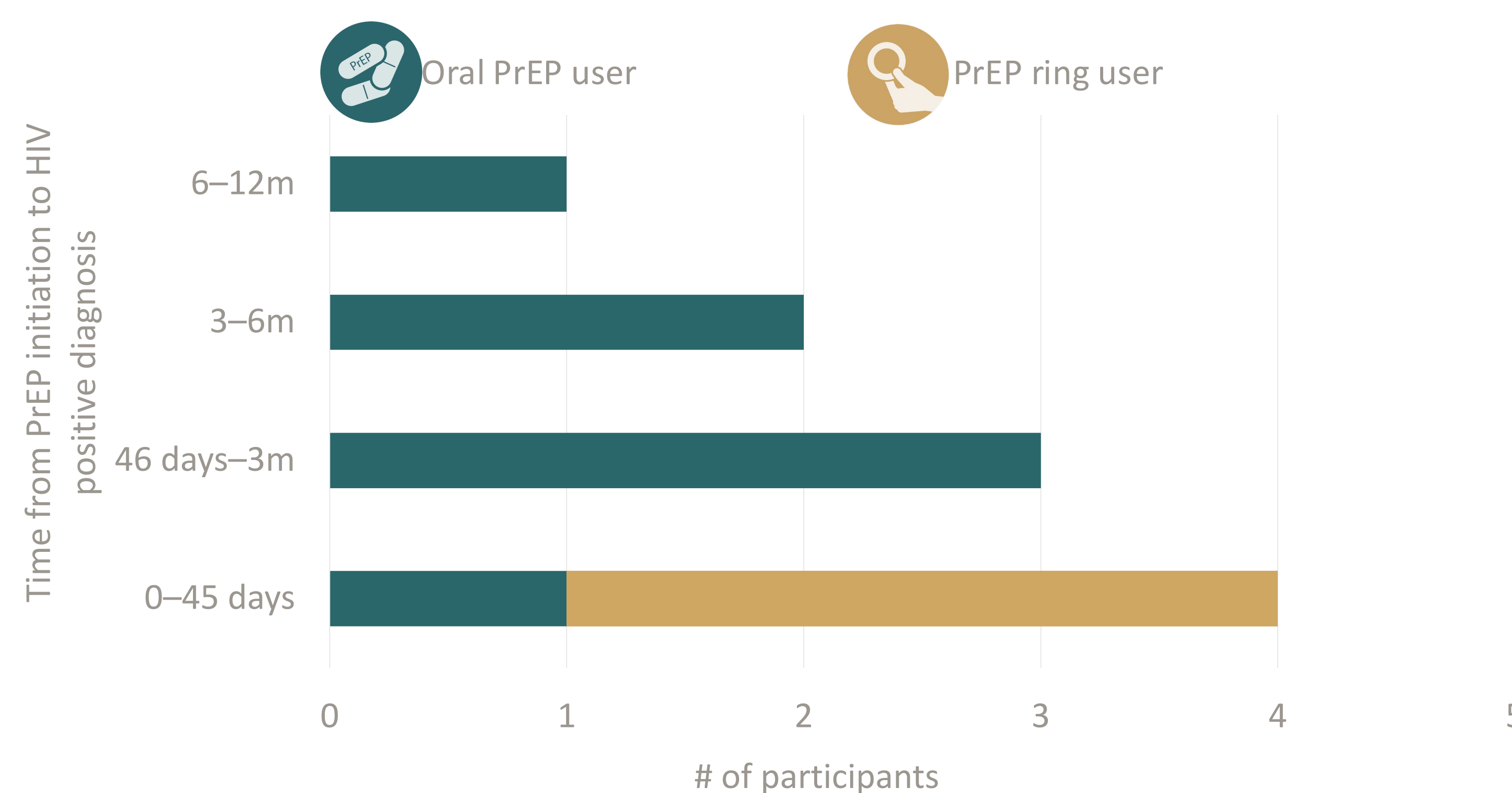
Results:

- Of approximately 15,000 PrEP initiations (mainly oral PrEP users), 10 clients tested HIV positive (see Table 1 and Figure 1 for baseline characteristics).
- Seroconversion was identified within 45 days of oral PrEP (re-) initiation in 1 of 7 oral PrEP users and all 3 ring users (see Figure 2).
- One ring user reported a product interruption of 13 days before returning to the facility for resupply; 6 of 7 oral PrEP clients reported product interruption, including 2 reporting an interruption of 3–7 days and 4 reporting an interruption of 20–84 days.
- Reported reasons for ineffective PrEP use included missing doses, delays in obtaining services, or unavailability of their PrEP product.

Table 1: Baseline characteristics

Characteristic	N = 10
Female sex	10 (100%)
Median age	28.1 years (IQR 22.7–31.9)
Oral PrEP user	7 (70%)
PrEP ring user	3 (30%)

Figure 2: Time from PrEP initiation to HIV-positive diagnosis*



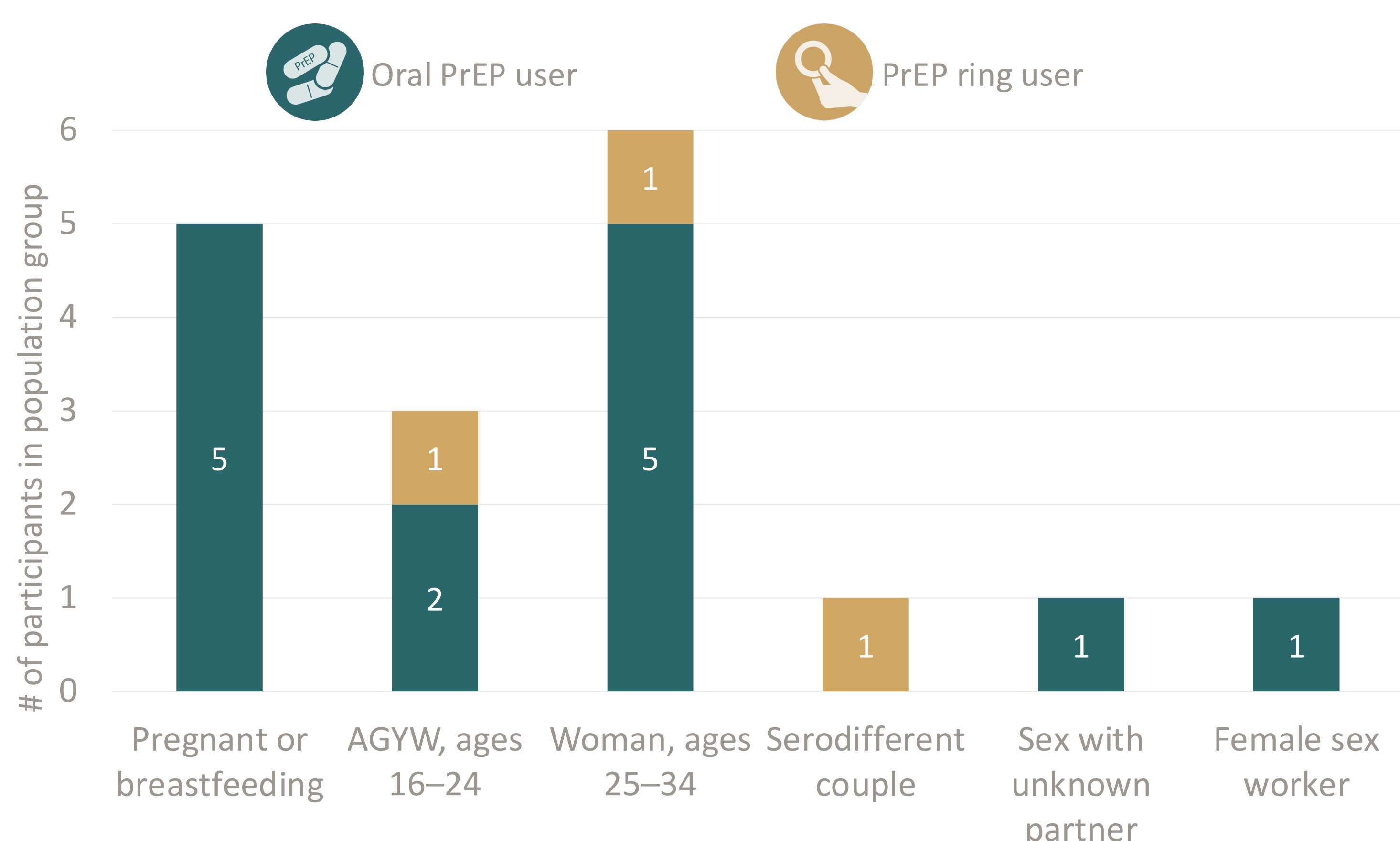
*Some participants reported product interruption during the time between product initiation and an HIV-positive diagnosis.

Conclusions:

- Seroconversions are rare in the Eswatini PrEP program.
- Initiating PrEP during acute HIV infection and interruption of PrEP availability and/or product use are potential causes of seroconversion for participants in this study.
- This study highlights the importance of monitoring seroconversions and product effective use to inform and best support PrEP programs for long-term success in reducing HIV incidence.

Monitoring seroconversions provides important program data for national PrEP rollout and supports its long-term success.

Figure 1: Participant population (participants could identify with multiple populations)



Acknowledgments: The authors would like to thank the Ministry of Health, through the Eswatini National AIDS Program, for the overall coordination and leadership of the PrEP program and monitoring of PrEP seroconversions. We also would like to thank the participants for taking part in this study, the health care providers for supporting the study and performing sample collection, and the implementing partners, including the Elizabeth Glaser Pediatric AIDS Foundation, Georgetown University, and the Luke Commission for supporting the study and identifying eligible participants. MOSAIC is made possible by the generous support of the American people through PEPFAR and USAID cooperative agreement 7200AA21CA00011. MOSAIC is led by FHI 360 with core partners Wits RHI, Pangaea Zimbabwe, LVCT Health, Jhpiego, and AVAC. The contents of this resource are the responsibility of MOSAIC and do not necessarily reflect the views of PEPFAR, USAID, or the U.S. Government.

