



Preexposure Prophylaxis (PrEP)

# GROUP DISCUSSION Storytelling

#PrEP. For you. For me.

Determined Resilient Empowered AIDS-Free Mentored Safe



# Small group discussion:

## STORYTELLING – WHAT WOULD YOU DO?



**TIME:**  
45 minutes

### PURPOSE:

To increase participants' acceptance of their sexual partners using oral PrEP.

### STEP-BY-STEP INSTRUCTIONS:

1. Have participants sit in a semi-circle.
2. Ask participants to think about what they enjoy most about being in a relationship. Encourage volunteers to share their thoughts.
3. Tell participants that while all relationships are different, they also have a few things in common.
4. Place picture card A in front of participants and tell them:
  - a. This is Edwin. He is a young man just like you. What do you think he dreams of achieving in life?
5. Place picture card B in front of participants and tell them:
  - a. Like many of you, Edwin has a girlfriend. What kind of relationship do you think they have (See the back of picture card B for information about healthy relationship)?
6. Place picture card C in front of participants and tell them:
  - a. Recently, Edwin discovered that his girlfriend was taking oral PrEP. What do you know about oral PrEP (See PrEP flyer for details about PrEP)? How do you think he reacted when he learned his girlfriend was taking oral PrEP? Why do you think he reacted this way (See the back of picture card C for information about common Male Partner concerns about oral PrEP)?
7. Place picture card D in front of participants and tell them:
  - a. As it turns out, Edwin responded by encouraging his girlfriend. Why do you think he reacted this way (See the back of picture card D for reasons cited by men who are encouraging their sexual partners to use PrEP)? How many other men do you think would have reacted this way? Why?
8. Ask participants a series of questions to personalize Edwin's story:
  - a. How do you think you would react if you discovered that your girlfriend was using oral PrEP? Why?
  - b. What are some of the reasons you might react by encouraging your girlfriend to use oral PrEP?

### Key message

There are as many reasons to take oral PrEP as there are people who take them. How you feel about your partner using oral PrEP doesn't need to be negative. Encourage the women in your life to think about oral PrEP and determine if it is the right choice for them.