

CHOICE

Collaboration for HIV Prevention Options to Control the Epidemic

Counsel patients on how PrEP can help women reach their HIV prevention goals for themselves and their babies!

- ▶ Women are at higher risk for acquiring HIV when they are pregnant or breastfeeding compared to times when they are not.
- ▶ For most women who live in areas where HIV is common, the potential benefits of PrEP for mothers outweigh potential risks. Taking PrEP is generally safer for you and your baby, compared to acquiring HIV.
- ▶ There is no evidence that PrEP increases the chance of birth defects, miscarriage, or other complications during pregnancy, birth, or after the birth.
- ▶ PrEP is safe to use with medications and supplements commonly prescribed for women in pregnancy and during breastfeeding.
- ▶ PrEP during pregnancy and breastfeeding will not cause babies to be too big or small.
- ▶ PrEP has not been shown to impact your ability to become pregnant in the future.
- ▶ PrEP does not affect a breastfeeding mother's milk production.
- ▶ PrEP is safe to use together with all family planning methods.



